

# For the love of freshwater

Let's take advantage of what Valentine's Day has to offer and help children to love water even more? Place hearts, flowers and cupids on your walls and consider **decorating water fountains** along with students'.



Print the **coupons** from the next page. Invite students to finish the phrase "I love water because ...". then display their answers near fountains or in your room. Don't forget to participate as well!

## Some inspiring ideas for you:

- It's tastes great
- It quenches my thirst.
- It refreshes me.
- When I drink more water, I get fewer headaches during the day.
- Cold water wakes me up when I start to fall asleep.
- It makes me feel good.



I love water because...

It helps me concentrate

J'ai soif  
de santé!

  
**coalition poids**  
québécoise sur la problématique du  
Une initiative parrainée par l'Association pour la santé publique du Québec

  
ASSOCIATION QUÉBÉCOISE DE LA GARDE SCOLAIRE  
SOUTENIR  
REPRÉSENTER  
MOBILISER



I love water because...

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I love water because...

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I love water because...

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I love water because...

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